

i quit

or how to resign properly

How to Resign Properly

There are right and wrong ways of resigning from your job. Doing it the wrong way can lead to bad feelings between you and your employer, recriminations or even a bad reference. On the other hand, the correct resignation etiquette will contribute to continued success in both your personal and career development.

Make sure that you know what you are doing, be prepared, be positive and good luck!

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Carefully consider your options before making up your mind

- Are you committed to leaving? Make a list of reasons of why you should resign.
- Have you pursued all avenues for advancement within your current firm?
- Would you leave if you were offered more money or a promotion?
- How is your career going? Talk to the boss or your Personnel / HR Manager to assess how they think you're doing.
- Will you be better off in your new job? Consider money, location, career and personal development as the main factors.
- Talk to your family. How do they think you should progress?
- What does your heart say? What does your head say?

Check your contract

- What is your notice period?
- If you're still on probation, you are likely to be able to terminate the contract with immediate effect.
- Most employers will ask for between two and four week's notice.
- Unless you can get your employer to waive your notice period, you are legally obliged to work it. Doing so with good grace is advised.
- Even if you don't have a written contract, a verbal contract counts in law. You might have agreed to let your boss have a week's notice, or to complete certain jobs. If you don't honour a verbal contract, you're liable to lose out on a last paycheque.
- Knowing where you stand legally will give you more confidence when it comes to breaking the news. Your Citizens Advice Bureau can help.

Call a meeting with your boss

- Prepare your opening speech in advance, and practice with a friend.
- Try to anticipate your boss's reaction, and prepare some responses.
- Resist the urge to make your resignation personal, or turn it into a grand gesture. Do say: "I've decided to move on." Don't say: "You've ruined my life!".
- Be positive about your time at work, as you are sure to need a reference. Thank them for the opportunities they've given you, and if possible mention something specific that you will miss.
- Stick to your story. Your boss may try to get you to divulge your real reasons for quitting.
- Rise above it. If your boss clings, whimpering, to your leg, or threatens your family, then you will win the moral victory if you stay composed.

Write a formal resignation letter

- Include the date, your name, your boss's name, your notice of termination of employment, when this will be effective from, details of your notice period, and your signature. This is all it needs.
- If they're genuine, include some brief positive comments about your time at the company.
- It's a good idea to say you want to help the handover go smoothly, and that you're keen to finish any outstanding projects.
- Give the letter to your boss, and keep a copy for your records. You can even frame it!

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Exit interview

- Some employers operate exit interviews as a matter of policy. Others may offer you one for a number of reasons. You are not entitled to an exit interview, but if you have something to say then you might want to ask for one.
- You might want to keep your reasons for leaving to yourself, which you're entitled to do.
- Exit interviews are a forum for you to offer constructive feedback to your employer, so that they can learn from your experience of working for them.
- Some employers take the results of exit interviews very seriously, and change policy on the basis of what is said.
- Resist the 'if I-ran-the-company' approach. If you've only been there six months, now is not the time to get big ideas.
- Prepare your comments in advance, and be specific. If you feel that your employer is doing something wrong, give an example of how you experienced this, and how you feel it could have been done differently. Don't drag others into your complaint, as they have to carry on working once you've left.
- If you feel that your employer is not being receptive to your comments, don't force the issue. What you've said will go on record, so you can always say "I told you so".

And you're off!

- All you have to do now is work your notice. If you find pretending to be busy/nice a bit boring, then you might consider the following:
- Ensure that your salary settlement is agreed.
- Work hard to finish your outstanding projects, and arrange to hand over unfinished work to your colleagues. Put yourself in their shoes, and don't leave any nasty surprises.
- If you've been there long enough, make time to say goodbye individually to your colleagues. They will appreciate the effort, and you might get a better leaving present.
- Organise leaving drinks for the day before you go. This will prevent you from slagging anybody off, because you'll have to show up for work in the morning.
- Get the contact details of anybody you want to keep in touch with, whether for personal reasons or because you might need them in the future. Network, network, network!
- If you've got a great new job to go to, don't boast about it.
- Congratulate yourself on a job well undone. Buy something expensive.

Sample Resignation Letter

Date

Dear (name of employer),

I am writing to give you (notice period agreed in your contract) notice on my employment with (name of the company that you work for). I would like to thank you for the opportunity of working at (name of the company that you work for) which I have enjoyed. Please be assured that I will assist to the best of my abilities in the smooth transfer of my duties. I would like to wish you and (name of the company that you work for) continued success in the future.

Yours Sincerely,

Your Name

Recruitment Network Belfast	028 9055 8000
Recruitment Network Ballymena	028 2563 2223
Recruitment Network Coleraine	028 7032 7373
Recruitment Network Newry	028 3025 7804
Recruitment Network Portadown	028 3835 3363

IT	028 9055 8080
Care (24hrs)	028 9027 9242
Technical	028 9055 8050
Accountancy	028 9055 8020
Sales and Marketing	028 9051 2100
Education	028 9055 8000
